Overview

Safe on the Streets (SOTS) is the flagship road safety resource of the BMW Group Education programme, underlining BMW's commitment to education and the safety of car drivers, passengers and pedestrians. It is an award winning programme designed to teach 7 to 11 year old (Key Stage 2) pupils valuable road safety lessons, building their road safety knowledge and supporting them as they move towards independent travel.

Road safety brings curriculum links to Key Stage 2 in English, Drama, Maths, Science, Design and Technology, History, Geography and PSHE, preparing pupils for opportunities, responsibilities and experiences of life.

Safe on the Streets covers every day road safety themes and promotes an understanding of Safer Travel. The resource contains three main modules, which are:

- **On the road**
- **In car safety**
- **Active travel**

Each module contains road safety information, additional facts and interactive activities to appeal and engage with pupils in the classroom.

Using Safe on the Streets

The modular structure of the resource provides teachers with the flexibility of content which best meets pupils learning needs. Modules and activities can be worked through as:

- **Group work** – with each group working through each theme and presenting the key safety messages to others.
- **Individuals, or in pairs** – working through a theme and reinforcing the safety messages learnt through a variety of extension work.

The interactives within each module have been designed to promote discussion amongst the class, and can also be provided to pupils to work on individually.

Further extension work ideas have been written to assist teachers to meet the learning objectives and outcomes of pupils with a wide range of abilities. Teachers can use these ideas as examples to further explore safer travel choices throughout each relevant module.
Content

The content of each module of the programme is outlined below:

Teachers Notes

These notes contain lesson plans for each themed module of the programme. The notes are intended to guide teachers to use the content of the module flexibly. It also includes extension ideas, information on the curriculum subjects the content is linked to and an extended vocabulary for pupils.

Online Modules

Each module has learning objectives broken into key road safety themes.

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Teachers can deliver the online module as a whole class, or in groups or pairs. If pupils have access to a PC or tablet device, they can work individually. Each topic contains a ‘Fact Speech Bubble’ (Remember!) and a ‘Discussion Cloud’ (Did you know?) to complement the primary information. There is also an interactive quiz at the end of each theme which will help reinforce the messages and test pupil’s knowledge.

Activity Sheets

Each module contains printable activity sheets to reinforce the key road safety and active travel messages. These can also be accessed by pupils at home if they have access to a PC or tablet device.

Pupils can also be assessed through these activity sheets. Learning outcomes can be differentiated if required, according to the ability and age group of the classes across Key Stage 2.
Top tips

Below are further road messages that are important for this age group:

- Understand what traffic is, recognising the different types of vehicles and how they travel on the road networks.
- Know that traffic can be dangerous, it can travel fast and cannot stop quickly.
- Specifically understand there are many different hazards when out and about.
- Recognise how weather can make it difficult to see and be seen.
- Aware of others when out, avoiding peer pressure and doing risky things on the road.
- Let family, carers and friends know their whereabouts and what time they are expected home.
- Plan safer routes to travel, whether travelling to and from school or when travelling to leisure activities.
- Know they must never step into the road; vehicles could be travelling fast and cannot stop quickly.
- Recognise all the safer crossing places and ALWAYS use them.
- Always stop, look, listen and think before crossing.
- Know the Green Cross Code, rules of the road and recognise road signs.
- Distractions like mobile phones and messing about can be dangerous for pedestrians and drivers.
- Make sure they always look out for hazards.
- Understand what ‘in-car safety’ means.
- Always get in and out of vehicles on the side furthest away from traffic.
- Never open doors in a vehicle if it is moving.
- Make sure seatbelts are worn on every journey and if others are not, ask them to use their seatbelt, it’s the law.
- Never distract the driver.
- Cycling is a life-long skill and it is vital to be trained to cycle properly and safely.
- Never mess about on bicycles.
- Make sure cycle helmets are always worn; they protect the head – make sure it fits properly.
- Understand how to maintain a bicycle; checking lights, brakes, chain and tyres regularly.
Lesson Plan

This lesson plan covers the ‘In Car Safety’ module of the resource. The themes included will allow pupils to:

- Consider exercise and the health benefits of walking, cycling and scooting.
- Build an awareness of the street around them, including the importance of air quality.
- Be able to see traffic and be seen by drivers.
- Consider what they can do to make themselves safer when walking, cycling and scooting.

Class organisation

This lesson can be delivered for the whole class, or for pairs and groups. The resource is interactive and can be used in the form class or as an IT resource. It can be used in small short ‘theme’ lessons or as a whole lesson ‘Module’ as part of a larger planned piece of work.

The interactive resource and three activity sheets have been designed to evidence the pupil’s understanding of the learning objectives.

Learning objectives

Once this module is complete, pupils should understand:

- The importance of being seen when travelling and the obstacles that prevent them being seen.
- The benefit of walking and cycling to health and air quality.
- The importance of awareness of surroundings and distractions when walking, cycling and scooting.
- What they can do to make themselves safer when walking, cycling and scooting.

Learning outcomes

To explain why it is important to exercise and be healthy, why they should keep themselves as safe as possible when walking and cycling.

Activity Sheets

There are three activity sheets covering the ‘Active Travel’ module, reinforcing the key safety messages.

- Missing word activity
- Word definition and story writing activity
- Crossword activity
Extensions

Extended vocabulary and key words from this module:

- Active
- Awareness
- Concentration
- Distraction
- Exercise
- Hazard
- Healthy
- Helmet
- Hidden
- Junction
- Kerb
- Obstacle
- Pedestrian
- Pollution
- Protect
- Route
- Visible

Extension idea

Road safety offers a variety of topics that can be extended through written projects, travel surveys, design, artwork, materials, speed, distance, mapping, journey planning, counting steps walked.

These could include:

- **With the pupils** – carry out a class survey on the different types of transport used to travel to school: walking, cycling, scooting or by car. Ask the pupils to create a chart to show findings and translate these into a bar graph, or pie chart. Discuss which is the healthiest type of transport and why.

- **Working in pairs or small groups** – have the pupils research what cycle helmets are made of, and what materials help protect us against injury.

Curriculum links

Road safety prepares pupils for opportunities, responsibilities and experiences of life. It has curriculum links to KS2, in:

- **English**
- **Drama**
- **Maths**
- **Science**
- **Design and Technology**
- **History**
- **Geography**
- **PSHE**
Missing Words

Walking, cycling and scooting helps keep us fit. It is a healthy way to travel and helps to reduce pollution and improve air quality. The pavement is designed to help us walk from place to place as pedestrians, away from the road, but sometimes we can still come across obstacles and hazards. Street furniture like bins, trees, post boxes and driveways can get in our way and hide us from view of drivers. If you like to ride a scooter, remember to be considerate of those other people using the pavement. It can surprise some people who may not hear you riding up behind them. If you enjoy cycling, consider cycle training, where you will get an understanding of the rules of the road and how to cycle safer. Remember there are lots of cycle path for cyclists to use.